



Tofu Noodles

(With Beancurd Strips)

Ingredients:

- 1 pack of AFC Beancurd Strips
- 1 carrot
- 1 celery
- 1 tablespoon sesame oil
- Cherry tomatoes
- Sesame seeds



Directions:

Open beancurd strips pack and rinse under water
 Blanch strips into bowl of warm water for 5 minutes
 Peel and cut carrot into 1/16" inch strips
 Cut celery into 1/16" inch strips
 Cut cherry tomatoes into 3 slices
 Strain beancurd strips and pat dry with paper towel

Mix it up:

Place beancurd strips into a mixing bowl
 Mix carrots, celery and tomatoes into mixing bowl
 Pour 1 tablespoon sesame oil around into mixing bowl
 Stir and mix all ingredients well, shiny glistening color should appear on noodles
 Store in cooler to absorb flavors
 Sprinkle sesame seeds upon serving at room temperature or cold (if desired)

